

Dept. of Tropical Medicine & Infectious Diseases

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Asem Ahmed Elfert, MD,DTM&H.

D.O.B Oct 11th 1967

Current position Associate professor, Tropical Medicine & Infectious Diseases,
Tanta University Faculty of Medicine, Tanta, Egypt

Past positions Aug 28th 2002– Aug 27th 2007 Tanta University Hospitals, Tanta, Egypt
Lecturer, Tropical Medicine & Infectious Diseases,
Jan 16th 1997– Aug 27th 2002 Tanta University Hospitals, Tanta, Egypt
Assistant lecturer, Tropical Medicine & Infect. Dis. Department
Sep 15th 1996– Jan 15th 1997 Tanta University Hospitals, Tanta, Egypt
Instructor, Tropical Medicine & Infect. Dis. Department
Sep 15th 1993– Sep 14th 199 Tanta University Hospitals, Tanta, Egypt
Resident, Tropical Medicine Department
Mar 1st 1993– Sep 14th 1993 Rural health services, Gharbia, Egypt
General practitioner
Mar 1st 1992– Feb 28th 1993 Tanta University Hospitals, Tanta, Egypt
Chief house officer

Education April 2002 Tanta University Faculty of Medicine
M.D. Trop. Med. [Prevention of ERCP-induced pancreatitis].
April 1996 Tanta University Faculty of Medicine
M.Sc. Trop. Med. [Toxoplasma antibodies in the sera of leprotic patients]
Graduated *Excellent*.
November 1991 Tanta University Faculty of Medicine
MB. BCh. Graduated *very good with honors* degree.

Training

April 30- May 1st, 2007 Endoscopic innovation center, Kasr Al-Aini, Cairo University, EGYPT

- **ERCP; advanced course**
- **DBE**
- **Train the trainers**

Nov 19th 1999 – May 30th 2001 University of Texas Medical Branch (UTMB), Galveston, TX, USA

Postdoctoral fellow, Division of Hepatology and Gastroenterology, Internal Medicine Department

Oct 26th 1993 – Nov 30th 1994 Maadi Armed Forces Hospitals, Cairo, Egypt

Medical military recruit at the Department of Hepatology, Gastroenterology, and GI Endoscopy and LASER.

Courses and conferences

June 14-18th, 2009 Trop Med & Inf Dis Dept. Tanta University Hospital, Tanta, gypt

Fist Delta Endosonography Course with Fujinon Europe

Jan 20-21st, 2009 Paris Congress Center, Paris, France

Third international conference on hepatitis

Nov 2-6th, 2007 Hynes convention center, Boston, MA, USA

AASLD liver meeting, ASGE/AASLD, liver transplantation, and postgraduate courses

Oct 12-14th, 2007 Frederich-Alexander Uniklinik, Erlangen, Deutschland

41st Erlanger course for clinical hepatology and Gastroenterology.

Oct 9-11th, 2007 Frederich-Alexander Uniklinik, Erlangen, Deutschland

60th Erlanger course for endoscopy and ultrasound.

Oct 5-6th, 2007 Frederich-Alexander Uniklinik, Erlangen, Deutschland

DAAD sponsored conference "Scientific workmethods and publications in the Arab world and Africa"

June 7-10th 2007 Congress centrum, Prague, Czech Republic

European Interactive Summit on Hepatitis 3 (EISH 3)

May 19th -25th 2007 Washington DC convention center, Washington DC, USA

Digestive Disease Week 2007

September 7-11th 2006 Cairo international conference center ,

Cairo, Egypt

International Association for the Study of Liver Diseases (IASL 2006)

***** Many local medical conferences *****

May 19th -25th 2001 Atlanta convention center Atlanta, GA, USA

Digestive Disease Week 2001

Dec 2nd -3rd 2000 University of Texas Medical Branch, Galveston, TX, USA

International conference and workshop on GI motility

Nov 10th -12th 2000 University of Texas Medical Branch, Galveston, TX, USA

Endoscopic Ultrasonography Live 2000

Oct 27th -31st 2000 Wyndham Anatole Hotel Dallas, TX, USA

51st annual meeting of the American Association of the Study of Liver Diseases

Sept 7th - Oct 6th 2000 University of Texas Medical Branch, Galveston, TX

Introduction to Molecular Biology course

May 19th -25th 2000 San Diego convention center San Diego, CA, USA

Digestive Disease Week 2000

Editorials & Reviews

Peer reviewer for the following scientific journals:

Gastroenterology

Endoscopy

Arab Journal of Gastroenterology

Clinical Gastroenterology and Hepatology

Publications

- 1- Expression of the signal transducer and activator of transcription factor 3 and Janus kinase 3 in colorectal carcinomas, colonic adenomas and ulcerative colitis Mohamed M. Shareef, Maha M. Shamloula, Asem A. Elfert, Mohamed El-sawaf, Hanan H. Soliman *Arab Journal of Gastroenterology, Volume 10, Issue 1, March 2009, Pages 25-32.*
- 2- E.B. Keeffe, J.F. Rossignol, A. Elfert, S. Abdelatif, L. Cravens, and T.L.T. Phuongs. **Controlled Release**

Tablet Improves Pharmacokinetics, Viral Kinetics and Tolerability of Nitazoxanide for Treatment of Chronic Hepatitis C. *Hepatol Int* (2009) 3:34–69.

- 3- Jean-Francois Rossignol, Asem **Elfert**, Yehia El-Gohary, Emmet B. Keefe **Improved Virologic Response in Chronic Hepatitis C Genotype 4 Patients Given Nitazoxanide, Peginterferon and Ribavirin.** *Gastroenterology*. 2009 Mar;136(3):856-62.
- 4- Rossignol JF, Kabil SM, El-Gohary Y, **Elfert A**, Keefe EB. Clinical trial: randomized, double-blind, placebo-controlled study of nitazoxanide monotherapy for the treatment of patients with chronic hepatitis C genotype 4. *Aliment Pharmacol Ther*. 2008; 25(7): 574-80.
- 5- J.F. Rossignol, **A. Elfert**, Y. El-Gohary, E.B. Keefe. Randomized Controlled Trial of Nitazoxanide-Peginterferon-Ribavirin, Nitazoxanide-Peginterferon and Peginterferon-Ribavirin in the Treatment of Patients with Chronic Hepatitis C Genotype 4. Oral presentation at EASL 43rd Annual Meeting of the European Association For The Study Of The Liver, Milan, Italy, April 23-27, 2008.
- 6- **Asem Elfert** and Tamer Montaser. Helicobacter and Extragastric Diseases: Innocent until Proved Guilty (Review). *Arab J Gastroenterol* 2008; 9(2): 21-27.
- 7- J.F. Rossignol, **A. Elfert**, Y. El-Gohary, E.B. Keefe. RANDOMIZED CONTROLLED TRIAL OF NITAZOXANIDE-PEGINTERFERON-RIBAVIRIN, NITAZOXANIDE-PEGINTERFERON AND PEGINTERFERON-RIBAVIRIN IN THE TREATMENT OF PATIENTS WITH CHRONIC HEPATITIS C GENOTYPE 4. *Journal of Hepatology*, Volume 48, Supplement 2, 2008, Page S30
- 8- J.F. Rossignol, **A. Elfert**, E.B. Keefe. EVALUATION OF A 4 WEEK LEAD-IN PHASE WITH NITAZOXANIDE PRIOR TO NITAZOXANIDE+PEGINTERFERON IN TREATING CHRONIC HEPATITIS C. *Journal of Hepatology*, Volume 48, Supplement 2, 2008, Page S312
- 9- J. Rossignol; **A. Elfert**; Y. El-Gohary; E. B. Keefe²; J. Glenn

Interim Data from a Randomized Controlled Trial of Nitazoxanide-Peginterferon-Ribavirin, Nitazoxanide-Peginterferon and Peginterferon-Ribavirin in the Treatment of Patients with Chronic Hepatitis C Genotype 4. *Hepatology*, 2007; 46(4), suppl, P: 316A, abstract#178.

- 10- **Asem Elfert**, Amal Abdelsalam, Hasan ElBatei, Alpha cyanoacrylate- olive oil mixture is as effective but more toxic than N-butyl cyanoacrylate- lipiodol mixture used for vascular sclerosis in rabbits (under publication).
- 11- Elshazly Sheta, **Asem Elfert**, Ahmed Amin, Hanan Soliman, Maha Shamlolah and Walaa Alkhalwany. Molecular and immunohistochemical detection of H. pylori in patients with symptomatic gall bladder stones. *Arab J Gastroenterol* 2007; 8(1): 5-9.
- 12- **Asem Elfert**, Ahmed Amin, Hanan Soliman, Walaa Alkhalwany, Maha Shamlolah, and Elshazly Sheta. Microbiological and immunohistochemical study of H. pylori in gall bladder disease. DDW2007 combined poster session M2111, published in *Gastroenterology Suppl.* April 2007
- 13- Mohsen Hammad, **Asem Elfert**, Hasan Elbatea, and Ghada Albaradey. Clinical Outcome after Cardiac Operations using Cardiopulmonary Bypass in Patients with Liver Dysfunction. *Arab J. Gastroenterol.* 2006; 7(3): 19-22
- 14- **Asem Elfert**, Taher El-Demerdash, Nabil ElMarhomy, Tarek El-Nemr, Nageh El-Mahdy, and Yousif Elhassaneen. Cigarette Smoking May Aggravate Liver Disease In Patients With Hepatitis C Virus (HCV) Infection. IASL 2006, Cairo, Egypt. Published in: *Liver International*; 26(1): 44.
- 15- Saber Ismail, Taher Eldemerdash, Hala Hamouda, **Asem Elfert**, and Heba Elashry. Serum and Tissue Levels of Zinc, Copper and Metallothionein as Prognostic Factors in Patients with HCV-related Liver Diseases. *Tanta Sci. Med. J.* 2006; 1(1): 112-118.
- 16- Gottumukkala S. Raju, Randhir Sud, **Asem Ahmed Elfert**, Mohamed Enaba, Anthony Kalloo, and Pankaj Jay Pasricha. Biliary drainage by using stents without a central lumen: a pilot studies. *Gastrointest Endosc.* 2006; 63(2): 317-20.
- 17- Fersan Sallam, **Asem Elfert**, Taher Eldemerdash,

Hanan Soliman, and Afaf Elshafey. Clinical, Pathological, and Immunohistochemical Study of Angiogenesis in Barrett's Esophagus. *J Egypt Soc Pathol.* 2005; 25(1): 17-25.

- 18- **Asem Elfert**, Taher El-Demerdash, Nabil ElMarhomy, Tarek El-Nemr, Nageh El-Mahdy, and Yousif Elhassaneen. Cigarette Smoking May Aggravate Liver Disease In Patients With Hepatitis C Virus (HCV) Infection. *Egyptian Journal of Biophysics and Biomedical Engineering* 2004; 5(2-3): 181-9.
- 19- El-Shanshoory M, Soliman H, **El-Fert A**, El-Bassat H, and El-Sharnooby M. Study of the role of H. pylori and the effect of eradication therapy on chronic ITP in children. *The Gazette of the Egyptian pediatric Association* 2004; 52(1): 43-52.
- 20- **Asem Elfert**, Nabil Shallik, Nabil AlMarhomy, Nageh El-Mahdy, and Yousif Elhassaneen. Lidocaine-etholamine mixture is safe and effective in alleviating chest pain after endoscopic variceal sclerotherapy. *Tanta Med J.* 2004; 31(4): 1146-54.
- 21- **Asem Elfert**, Nabil Shallik, Nabil AlMarhomy, Nageh El-Mahdy, and Yousif Elhassaneen. Lidocaine-etholamine mixture is safe and effective in alleviating chest pain after endoscopic variceal sclerotherapy (poster). Portal hypertension in the 21st century conference, Mont Royal Center, Montreal, QC, Canada April 2004.
- 22- Abdelaziz Eldeib and **Asem Elfert**. An intervention study to improve risk perception of HIV/AIDS among health care workers at Tanta University Hospital. *Tanta Med J.* 2003; 31(2): 570-90.
- 23- Abdelaziz Eldeib, **Asem Elfert**, and Mohamed Enaba. Blood borne infection among chronic haemodialysis patients in Mahalla El-Kubra City. *Tanta Med. J.* 2003; 31(1): 32- 40.
- 24- **Asem Elfert**, John Winston, and Pankaj Jay Pasricha. High pressure intraductal contrast injection significantly increased c-fos expression in dorsal horn cells in a rat model of ERCP-induced pancreatitis. (Not published).
- 25- **Asem Elfert**, Salim AlShalabi, Brent Bell, Donald Deyo, and Pankaj Jay Pasricha. The effect of intraductal instillation of an NFkB inhibitor in a dog model of ERCP-induced pancreatitis. (Not published).

- 26- He ZJ, Winston JH, Yusuf TE, Micci MA, **Elfert A**, Xiao SY, Pasricha PJ. Intraductal Administration of an NK1 Receptor Antagonist Attenuates the Inflammatory Response to Retrograde Infusion of Radiological Contrast in Rats: Implications for the Pathogenesis and Prevention of ERCP-Induced Pancreatitis. *Pancreas*. 2003 Jul; 27(1):E13-7.
- 27- X Xu, PJ Pasricha, Z Wang, **AA Elfert**, and Hui Ouyang & Jiande Chen. Gastric Electrical Stimulation with endoscopically placed electrodes. Poster Presentation on the XVIII International Symposium on Neurogastroenterology & Motility. *Neurogastroenterology & Motility* 2001 Aug;13(4):444.
- 28- XH Xu,PJ Pasricha, ZS Wang, **A. Elfert**, H Ouyang, JDZ Chen. Gastric electrical stimulation with endoscopically placed electrodes. *Neurogastroenterology and Motility*. 13(4):444, 2001
- 29- Zhishun Wang, Pankaj Jay Pasricha, Xu Xiaohong, **Asem Elfert**, and Jiande Chen. Effects of botulinum toxins on gastric myoelectrical and vagal activities in dogs. *Gastroenterology*, Volume 120, Issue 5, Supplement 1, April 2001, Page A718
- 30- **Asem Elfert**, Pankaj Jay Pasricha, Brent Bell, Richard Johnigan, Shu-Yuan Xiao, Karen Calhoun, and Massoud Motamedi. High resolution optical coherence tomography for early detection of epithelial neoplastic transformation. (abstract) *Gastrointest. Endosc.* 2001; 53: AB117
- 31- Abou-Alazm AA, Sharaf ElDin MA, AbdRabbou FA, and **Elfert AA**. Detection of Toxoplasma antibodies in the sera of leprotic patients. *Tanta Medical Journal* 1996.

Teaching and Mentorship

- 1- Lecturer at the National Institute for Training allied with the Ministry of Health in Cairo.
- 2- Teaching "Basic upper GI endoscopy course" at the Hepatology research center at Kafr ElSheikh, in collaboration with the Gharbia Medical syndicate, Tanta, Gharbia, Egypt.
- 3- Designing and sharing in many national workshops on "Basic and advanced GI endoscopy" at different Egyptian faculties of medicine.
- 4- Dr. Walaa Alkhalawany M.Sc. thesis; Detection of H. pylori in Gall bladder diseases, Tanta University Faculty of Medicine,

Tanta Egypt.

- 5- Dr. Sheerin Zakaria M.D. thesis; Telmisartan effect of fibrosis markers in patients with hepatitis C under treatment.
 - 6- Dr. Shimaa Alshaarawy M.Sc. thesis; Metanalysis of national and international publications on risk factors of hepatitis B & C in health care workers.
 - 7- Dr. Samah Mosaad M.D. thesis; Evaluation of different methods of endoscopic treatment of bleeding internal hemorrhoids.
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Membership

- 1- Association of Egyptian American Scholars 2008
 - 2- Egyptian German Medical Alumni Association (EGMAN) as of 2007
 - 3- American Society for Gastrointestinal Endoscopy as of April 2007.
 - 4- American Gastroenterological Association as of July 1, 2000
 - 5- Egyptian Society of Hepatology, Gastroenterology, and Infectious Diseases as of 1998
 - 6- Egyptian Society of Endemic Diseases and Parasitology as of 1996
 - 7- Wisdom club for medical profession in Tanta as of 1996
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Interests

- 1- Clinical and research studies concerning epidemiology, prevention, and treatment of viral hepatitis.
 - 2- Therapeutic GI endoscopy
 - 3- Teaching junior endoscopists
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Awards

- 1- "The ideal young physician" medal from General Medical Syndicate, Wisdom house, Cairo, Egypt in Mar 18th 1999.
 - 2- "Egyptian State Motivation Award in Medical Science" 2009.
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Languages

Arabic- English- French
